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Quasiclassical Coarse Graining and Thermodynamic Entropy*

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Our everyday descriptions of the universe are highly coarse-grained, following only a tiny fraction of the variables necessary for a perfectly fine-grained description. Coarse graining in classical physics is made natural by our limited powers of observation and computation. But in the modern quantum mechanics of closed systems, some measure of coarse graining is inescapable because there are no non-trivial, probabilistic, fine-grained descriptions. This essay explores the consequences of that fact. Quantum theory allows for various coarse-grained descriptions some of which are mutually incompatible. For most purposes, however, we are interested in the small subset of “quasiclassical descriptions” defined by ranges of values of averages over small volumes of densities of conserved quantities such as energy and momentum and approximately conserved quantities such as baryon number. The near-conservation of these quasiclassical quantities results in approximate decoherence, predictability, and local equilibrium, leading to closed sets of equations of motion. In any description, information is sacrificed through the coarse graining that yields decoherence and gives rise to probabilities for histories. In quasiclassical descriptions, further information is sacrificed in exhibiting the emergent regularities summarized by classical equations of motion. An appropriate entropy measures the loss of information. For a “quasiclassical realm” this is connected with the usual thermodynamic entropy as obtained from statistical mechanics. It was low for the initial state of our universe and has been increasing since.

I. INTRODUCTION

Coarse graining is of the greatest importance in theoretical science, for example in connection with the meaning of regularity and randomness and of simplicity and complexity [1]. Of course it is also central to statistical mechanics, where a particular kind of coarse graining leads to the usual physico-chemical or thermodynamic entropy. We discuss here the crucial role that coarse graining plays in quantum mechanics, making possible the decoherence of alternative histories and enabling probabilities of those decoherent histories to be defined. The “quasiclassical realms” that exhibit how classical physics applies approximately in this quantum universe correspond to coarse grainings for which the histories have probabilities that exhibit a great deal of approximate determinism. In this article we connect these coarse grainings to the ones that lead, in statistical mechanics, to the usual entropy.

Our everyday descriptions of the world in terms of nearby physical objects like tables and clouds are examples of very *coarse-grained* quasiclassical realms. At any one time, these everyday descriptions follow only a tiny fraction of the variables needed for a fine-grained description of the whole universe; they integrate over the rest. Even those variables that are followed are not tracked continuously in time, but rather sampled only at a se-

quence of times¹.

A classical gas of a large number of particles in a box provides other excellent examples of fine and coarse graining. The exact positions and momenta of all the particles as a function of time give the perfectly fine-grained description. Useful coarse-grained descriptions are provided by dividing the box into cells and specifying the volume averages of the energy, momentum, and particle number in each. Coarse graining can also be applied to ranges of values of the variables followed. This is an example in a classical context of what we will call a *quasiclassical coarse graining*. As we will describe in more detail below, under suitable initial conditions and with suitable choices for the volumes, this coarse graining leads to a deterministic, hydrodynamic description of the material in the box. We need not amplify on the utility of that.

In classical physics, coarse graining arises from practical considerations. It might be forced on us by our puny ability to collect, store, recall, and manipulate data. Particular coarse grainings may be distinguished by their utility. But there is always available, *in principle*, for every physical system, an exact fine-grained description that could be used to answer any question, whatever the limitations on using it in practice.

In the modern formulation of the quantum mechanics

*Dedicated to Rafael Sorkin on his 60th birthday.

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¹ This is not the most general kind of coarse graining. One can have instead a probability distribution characterized by certain parameters that correspond to the expected values of particular quantities, as in the case of absolute temperature and the energy in a Maxwell-Boltzmann distribution [1].

of a closed system — a formulation based on histories — the situation is different. The probability that either of two exclusive histories will occur has to be equal to the sum of the individual probabilities. This will be impossible in quantum mechanics unless the interference term between the the two is made negligible by coarse graining. That absence of interference is called *decoherence*. There *is no (non-trivial) fine-grained, probabilistic description of the histories of a closed quantum-mechanical system*. Coarse graining is therefore inescapable in quantum mechanics if the theory is to yield any predictions at all.

Some of the ramifications of these ideas are the following:

- Quantum mechanics supplies probabilities for the members of various decoherent sets of coarse-grained alternative histories — different ‘realms’ for short. Different realms are *compatible* if each one can be fine-grained to yield the same realm. (We have a special case of this when one of the realms is a coarse graining of the other.) Quantum mechanics also exhibits mutually *incompatible* realms for which there is no finer-grained decoherent set of which they are both coarse grainings.
- Quantum mechanics by itself does not favor one realm over another. However, we are interested for most purposes in the family of quasiclassical realms underlying everyday experience — a very small subset of the set of all realms. Roughly speaking, a quasiclassical realm corresponds to coarse graining which follows ranges of the values of variables that enter into the classical equations of motion.
- Having non-trivial probabilities for histories requires the sacrifice of information through the coarse graining necessary for decoherence.
- Coarse graining beyond that necessary for decoherence is needed to achieve the predictability represented by the approximate deterministic laws governing the sets of histories that constitute the quasiclassical realms.
- An appropriately defined entropy that is a function of time is a useful measure of the information lost through a coarse graining defining a quasiclassical realm.
- Such a coarse graining, necessary for having both decoherence and approximate classical predictability, is connected with the coarse graining that defines the familiar entropy of thermodynamics.
- The entropy defined by a coarse graining associated with a quasiclassical realm must be sufficiently low at early times in our universe (that is, low for the coarse graining in question) so that it tends to increase in time and exhibit the second law of thermodynamics. But for this the relaxation time for

the increase of entropy must also be long compared with the age of the universe. From this point of view the universe is very young.

- The second law of thermodynamics, the family of quasiclassical realms, and even probabilities of any kind are features of our universe that depend, not just on its quantum state and dynamics, but also crucially on the inescapable coarse graining necessary to define those features, since there is no exact, completely fine-grained description.

Many of these remarks are contained in our earlier work [2–10] or are implicit in it or are contained in the work of others e.g. [11, 12] and the references therein. They are developed more extensively here in order to emphasize the central and inescapable role played by coarse graining in quantum theory. What is new is the detailed analysis of the triviality of completely fine-grained histories, the role of narrative, and, most importantly, the central result that the coarse graining defining the quasiclassical realms in quantum theory is closely related to the coarse graining defining the usual entropy of chemistry and physics.

The reader who is familiar with our previous work and notation can immediately jump to Section III. But for those who are not we offer a very brief summary in the next section.

II. THE QUANTUM MECHANICS OF A CLOSED SYSTEM

This section gives a bare-bones account of some essential elements of the modern synthesis of ideas characterizing the quantum mechanics of closed systems [7, 11, 12].

To keep the discussion manageable, we consider a closed quantum system, most generally the universe, in the approximation that gross quantum fluctuations in the geometry of spacetime can be neglected. (For the generalizations that are needed for quantum spacetime see *e.g.* [13, 14].) The closed system can then be thought of as a large (say $\gtrsim 20,000$ Mpc), perhaps expanding box of particles and fields in a fixed background spacetime. Everything is contained within the box, in particular galaxies, planets, observers and observed, measured subsystems, and any apparatus that measures them. This is the most general physical context for prediction.

The fixed background spacetime means that the notions of time are fixed and that the usual apparatus of Hilbert space, states, and operators can be employed in a quantum description of the system. The essential theoretical inputs to the process of prediction are the Hamiltonian H governing evolution (which we assume for simplicity to be time-reversible²) and the initial quantum

² For the issues arising from the time asymmetry of the effective

condition (which we assume to be a pure state³ $|\Psi\rangle$). These are taken to be fixed and given.

The most general objective of quantum theory is the prediction of the probabilities of individual members of sets of coarse-grained alternative histories of the closed system. For instance, we might be interested in alternative histories of the center-of-mass of the earth in its progress around the sun, or in histories of the correlation between the registrations of a measuring apparatus and a property of the subsystem. Alternatives at one moment of time can always be reduced to a set of yes/no questions. For example, alternative positions of the earth's center-of-mass can be reduced to asking, "Is it in this region – yes or no?", "Is it in that region – yes or no?", etc. An exhaustive set of yes/no alternatives is represented in the Heisenberg picture by an exhaustive set of orthogonal projection operators $\{P_\alpha(t)\}$, $\alpha = 1, 2, 3 \dots$. These satisfy

$$\sum_\alpha P_\alpha(t) = I, \text{ and } P_\alpha(t) P_\beta(t) = \delta_{\alpha\beta} P_\alpha(t), \quad (2.1)$$

showing that they represent an exhaustive set of exclusive alternatives. In the Heisenberg picture, the operators $P_\alpha(t)$ evolve with time according to

$$P_\alpha(t) = e^{+iHt/\hbar} P_\alpha(0) e^{-iHt/\hbar}. \quad (2.2)$$

The state $|\Psi\rangle$ is unchanging in time.

Alternatives at one time can be described by expressing their projections in terms of fundamental coordinates, say a set of quantum fields and their conjugate momenta. In the Heisenberg picture these coordinates evolve in time. A given projection can be described in terms of the coordinates at any time. Thus, at any time it represents some alternative [8].

An important kind of set of exclusive histories is specified by sets of alternatives at a sequence of times $t_1 < t_2 < \dots < t_n$. An individual history α in such a set is a particular sequence of alternatives $\alpha \equiv (\alpha_1, \alpha_2, \dots, \alpha_n)$. Such a set of histories has a branching structure in which a history up to any given time $t_m \leq t_n$ branches into further alternatives at later times. 'Branch' is thus an evocative synonym for such a history.

In such sets, we denote a projection at time t_k by

$$P_{\alpha_k}^k(t_k; \alpha_{k-1}, \dots, \alpha_1). \quad (2.3)$$

We now explain this notation.

Alternatives at distinct times can differ and are distinguished by the superscript k on the P 's. For instance, projections on ranges of position at one time might be

followed by projections on ranges of momentum at the next time, etc.

In realistic situations the alternatives will be *branch-dependent*. In a branch-dependent set of histories the *set* of alternatives at one time depends on the particular branch. In (2.3) the string $\alpha_{k-1}, \dots, \alpha_1$ indicates this branch dependence. For example, in describing the evolution of the earth, starting with a protostellar cloud, a relatively coarse-grained description of the interstellar gas might be appropriate in the beginning, to be followed by finer and finer-grained descriptions at one location on the branch where a star (the sun) condensed, where a planet (the earth) at 1AU won the battle of accretion in the circumstellar disk, etc. — all events which happen only with some probability. Adaptive mesh refinement in numerical simulations of hydrodynamics provides a somewhat analogous situation.

An individual history α corresponding to a particular sequence of alternatives $\alpha \equiv (\alpha_1, \alpha_2, \dots, \alpha_n)$ is represented by the corresponding chain of projections C_α , called a *class operator*. In the full glory of our notation this is:

$$C_\alpha \equiv P_{\alpha_n}^n(t_n; \alpha_{n-1}, \dots, \alpha_1) \dots P_{\alpha_2}^2(t_2; \alpha_1) P_{\alpha_1}^1(t_1). \quad (2.4)$$

To keep the notation manageable we will sometimes not indicate the branch dependence explicitly where confusion is unlikely.

Irrespective of branch dependence, a set of histories like one specified by (2.4) is generally *coarse-grained* because alternatives are specified at some times and not at every time and because the alternatives at a given time are typically projections on subspaces with dimension greater than one and not projections onto a complete set of states. Perfectly *fine-grained* sets of histories consist of one-dimensional projections at each and every time.

Operations of fine and coarse graining may be defined on sets of histories. A set of histories $\{\alpha\}$ may be *fine-grained* by dividing up each class into an exhaustive set of exclusive subclasses $\{\alpha'\}$. Each subclass consists of some histories in a coarser-grained class, and every finer-grained subclass is in some class. *Coarse graining* is the operation of uniting subclasses of histories into bigger classes. Suppose, for example, that the position of the earth's center-of-mass is specified by dividing space into cubical regions of a certain size. A coarser-grained description of position could consist of larger regions made up of unions of the smaller ones. Consider a set of histories with class operators $\{C_\alpha\}$ and a coarse graining with class operators $\{\bar{C}_{\bar{\alpha}}\}$. The operators $\{\bar{C}_{\bar{\alpha}}\}$ are then related to the operators $\{C_\alpha\}$ by summation, *viz.*

$$\bar{C}_{\bar{\alpha}} = \sum_{\alpha \in \bar{\alpha}} C_\alpha, \quad (2.5)$$

where the sum is over the C_α for all finer-grained histories α contained within $\bar{\alpha}$.

low-energy theory of the elementary particles in our local neighborhood of the universe, see *e.g.* [6].

³ From the perspective of the time-neutral formulation of quantum theory (*e.g.* [6]), we are assuming also a final condition of ignorance.

For any individual history α , there is a *branch state vector* defined by

$$|\Psi_\alpha\rangle = C_\alpha|\Psi\rangle. \quad (2.6)$$

When probabilities can be consistently assigned to the individual histories in a set, they are given by

$$p(\alpha) = \|\Psi_\alpha\|^2 = \|C_\alpha|\Psi\rangle\|^2. \quad (2.7)$$

However, because of quantum interference, probabilities cannot be consistently assigned to every set of alternative histories that may be described. The two-slit experiment provides an elementary example: An electron emitted by a source can pass through either of two slits on its way to detection at a farther screen. It would be inconsistent to assign probabilities to the two histories distinguished by which slit the electron goes through if no “measurement” process determines this. Because of interference, the probability for arrival at a point on the screen would not be the sum of the probabilities to arrive there by going through each of the slits. In quantum theory, probabilities are squares of amplitudes and the square of a sum is not generally the sum of the squares.

Negligible interference between the branches of a set

$$\langle\Psi_\alpha|\Psi_\beta\rangle \approx 0 \quad , \quad \alpha \neq \beta, \quad (2.8)$$

is a sufficient condition for the probabilities (2.7) to be consistent with the rules of probability theory. The orthogonality of the branches is approximate in realistic situations. But we mean by (2.8) equality to an accuracy that defines probabilities well beyond the standard to which they can be checked or, indeed, the physical situation modeled [4].

Specifically, as a consequence of (2.8), the probabilities (2.7) obey the most general form of the probability sum rules

$$p(\bar{\alpha}) \approx \sum_{\alpha \in \bar{\alpha}} p(\alpha) \quad (2.9)$$

for any coarse graining $\{\bar{\alpha}\}$ of the $\{\alpha\}$. Sets of histories obeying (2.8) are said to (medium) decohere. As L. Diósi has shown [15], medium decoherence is the weakest of known conditions that are consistent with elementary notions of the independence of isolated systems⁴. Medium-decoherent sets are thus the ones for which quantum mechanics consistently makes predictions of probabilities through (2.7). Weaker conditions, such as those defining merely “consistent” histories, are not appropriate.

The decoherent sets exhibited by our universe are determined through (2.8) and by the Hamiltonian H and the quantum state $|\Psi\rangle$. We use the term *realm* as a synonym for a decoherent set of coarse-grained alternative histories.

A coarse graining of a decoherent set is again decoherent. A fine-graining of a decoherent set risks losing decoherence.

It is more general to allow a density matrix ρ as the initial quantum state. Decoherence is then defined in terms of a *decoherence functional*.

$$D(\alpha, \beta) = \text{Tr}(C_\alpha \rho C_\beta^\dagger). \quad (2.10)$$

The rules for both decoherence and the existence of probabilities can then be expressed in a single formula

$$D(\alpha, \beta) \approx \delta_{\alpha\beta} p(\alpha). \quad (2.11)$$

When the density matrix is pure, $\rho = |\Psi\rangle\langle\Psi|$, the condition (2.11) reduces to the decoherence condition (2.8) and the probabilities to (2.7).

An important mechanism of decoherence is the dissipation of phase coherence between branches into variables not followed by the coarse graining. Consider by way of example, a dust grain in a superposition of two positions deep in interstellar space [17]. In our universe, about 10^{11} cosmic background photons scatter from the dust grain each second. The two positions of the grain become correlated with different, nearly orthogonal states of the photons. Coarse grainings that follow only the position of the dust grain at a few times therefore correspond to branch state vectors that are nearly orthogonal and satisfy (2.9).

Measurements and observers play no fundamental role in this general formulation of usual quantum theory. The probabilities of measured outcomes can be computed and are given to an excellent approximation by the usual story. But, in a set of histories where they decohere, probabilities can be assigned to the position of the moon when it is not receiving the attention of observers and to the values of density fluctuations in the early universe when there were neither measurements taking place nor observers to carry them out.

The probabilities of the histories in the various realms and the conditional probabilities constructed from them constitute the predictions of the quantum mechanics of a closed system given the Hamiltonian H and initial state $|\Psi\rangle$.

III. INESCAPABLE COARSE GRAINING

In this section and Appendix A, we show that there are no exactly decoherent, completely fine-grained sets of alternative histories describing a closed quantum system except trivial ones which essentially reduce to a description at only one time. (In Appendix B, we also show that there is no certainty except that arising from the unitary evolution controlled by the Hamiltonian.)

A set of alternatives at one time is completely fine-grained if its projections are onto an orthonormal basis for Hilbert space. Specifically,

$$P_i(t) = |i\rangle\langle i| \quad (3.1)$$

⁴ For a discussion of the linear positive, weak, medium, and strong decoherence conditions, see [3, 10, 16].

where $\{|i\rangle\}, i = 1, 2, \dots$ are a set of orthonormal basis vectors. Any basis defines at any time some set of alternatives [8].

Probabilities are predicted for any fine-grained set of alternatives at one time. The branch state vectors are

$$|\Psi_i\rangle = P_i(t)|\Psi\rangle = |i\rangle\langle i|\Psi\rangle. \quad (3.2)$$

These are mutually orthogonal and therefore decohere [cf. (2.8)]. The consistent probabilities are

$$p(i) = |\langle i|\Psi\rangle|^2. \quad (3.3)$$

A completely fine-grained description does not consist merely of fine-grained alternatives at one time but rather of fine-grained alternatives at each and every available time. Specifically, a completely fine-grained set of histories is a set of alternative histories specified by sets of fine-grained alternatives like (3.1) at every available time.

To avoid the mathematical issues that arise in defining continuous infinite products of projections [cf. (2.4)], we will assume that the available times are restricted to a large discrete series t_1, \dots, t_n in a fixed interval $[0, T]$. Physically there can be no objection to this if the intervals between times is taken sufficiently small (if necessary of order the Planck time). More importantly, the absence of decoherent sets with a finite number of times prohibits the existence of any finer-grained decoherent sets, however they are defined.

A completely fine-grained set of histories is then specified by a series of bases $\{|1, i_1\rangle\}, \{|2, i_2\rangle\}, \dots, \{|n, i_n\rangle\}$ defining one dimensional projections of the form (3.1). In $|k, i_k\rangle$ the first argument labels the basis, the second the particular vector in that basis. To get at the essentials of the argument, we will assume in this section the generic situations where there are no branch state vectors that vanish. More particularly, we assume that none of the matrix elements $\langle k+1, i_{k+1}|k, i_k\rangle$ or $\langle 1, i_1|\Psi\rangle$ vanishes. Put differently, we assume that none of the questions at each time is trivially related to a question at the next time or to the initial state. The general case where these assumptions are relaxed is dealt with in Appendix A along with the related notion of trivial decoherence that arises.

The branch state vectors for the histories (i_1, \dots, i_n) in such a completely fine-grained set have the form

$$|n, i_n\rangle\langle n, i_n|n-1, i_{n-1}\rangle \cdots \langle 2, i_2|1, i_1\rangle\langle 1, i_1|\Psi\rangle. \quad (3.4)$$

The condition for decoherence (2.8) requires

$$\begin{aligned} & \langle \Psi|1, i'_1\rangle\langle 1, i'_1|2, i'_2\rangle \cdots \langle n, i'_n|n, i_n\rangle \cdots \\ & \times \langle 2, i_2|1, i_1\rangle\langle 1, i_1|\Psi\rangle = 0 \end{aligned} \quad (3.5)$$

whenever any $i'_k \neq i_k$. But, by assumption, none of these matrix elements vanishes so there are no exactly decoherent, completely fine-grained sets of this kind.

To get a different perspective, suppose that $\langle 1, i_1|\Psi\rangle$ is allowed to vanish for some i_1 but the restriction that

$\langle k, i_k|k-1, i_{k-1}\rangle \neq 0$ is retained. Then (3.5) could be satisfied provided there is *only one* i_1 for which $\langle 1, i_1|\Psi\rangle \neq 0$. But since $\{|1, i_1\rangle\}$ is a basis, this means it must consist of $|\Psi\rangle$ and a complete set of orthogonal vectors. But that means that the first set of alternatives is trivial. It merely asks, “Is the state $|\Psi\rangle$ or not?” As explained in Appendix A, there are no exactly decoherent, completely fine-grained sets of alternative histories of a closed quantum system that are not trivial in this or similar senses. Coarse graining is therefore inescapable.

IV. COMMENTS ON REALMS

A perfectly fine-grained set of histories can be coarse-grained in many different ways to yield a decoherent set whose probabilities can be employed in the process of prediction. Furthermore, there are many different completely fine-grained sets to start from, corresponding to the possible choices of the bases $\{|k, i_k\rangle\}$ at each time arising from different complete sets of commuting observables. Once these fine-grained sets are coarse-grained enough to achieve decoherence, further coarse graining preserves decoherence. Some decoherent sets can be organized into compatible families all members of which are coarse grainings of a common finer-grained decoherent set. But there remain distinct families of decoherent sets which have no finer-grained decoherent sets of which they are all coarse grainings. As mentioned in the Introduction, these are called *incompatible* realms.

We may not draw inferences by combining probabilities from incompatible realms.⁵ That would implicitly assume, contrary to fact, that probabilities of a finer-grained description are available. Incompatible decoherent sets provide different, incompatible descriptions of the universe. Quantum theory does not automatically prefer one of these realms over another without further criteria such as quasiclassicality.

Note that *incompatibility* is not *inconsistency* in the sense of predicting different probabilities for the same histories in different realms. The probability for a history α is given by (2.7) in any realm of which it is a member.

While quantum theory permits a great many incompatible realms for the description of a closed system, we as observers utilize mainly sets that are coarse grainings of one family of such realms — the quasiclassical realms underlying everyday experience.⁶ We now turn to a char-

⁵ It has been shown, especially by R. Griffiths [11], that essentially all inconsistencies alleged against consistent histories quantum mechanics (or, for that matter, decoherent histories quantum mechanics) arise from violating this logical prohibition.

⁶ Some authors, notably Dowker and Kent [18], have suggested that quantum mechanics is incomplete without a fundamental set selection principle that would essentially single out the quasiclassical realms from all others. The following discussion of the properties of quasiclassical realms could be viewed as steps in

acterization of those.

The histories of a quasiclassical realm constitute *narratives*. That is, they describe how certain features of the universe change over time. A narrative realm is a particular kind of set of histories in which the projections at successive times are related by a suitable rule. That way the histories are stories about what happens over time and not simply unrelated or redundant scraps of information from a sequence of times.

The simplest rule is for the projections to represent the *same* alternatives at different times, that is

$$P_\alpha^k(t_k) = e^{iHt_k/\hbar} \hat{P}_\alpha e^{-iHt_k/\hbar} \quad (4.1)$$

for some set $\{\hat{P}_\alpha\}$. Put differently, this rule corresponds to taking the same set of projections in the Schrödinger picture at each time. A sum-over-histories formulation therefore leads naturally to narrative realms. Restricting the candidates for quasiclassical realms to narrative realms eliminates a number of trivial kinds of realm with a high level of predictability but little or no utility. Examples are realms that mindlessly repeat the same set of Heisenberg picture projection operators at each and every time, and the trivial fine-grained realms described in Section III.A and Appendix A. In each of these examples nothing happens! For instance, the repetition of the same Heisenberg picture operators at each time leads to the following form for the C_α in terms of Schrödinger picture projections

$$C_\alpha = \hat{P}_{\alpha_n}^1 \cdots \hat{P}_{\alpha_1}^1. \quad (4.2)$$

The only non-vanishing \hat{C} 's are just the projections $\hat{P}_{\alpha_1}^1$. In the next section we will present a straightforward model that obeys (4.1), but in a more realistic situation the histories will be more complicated, especially because they exhibit branch dependence.

It remains to specify carefully what is a suitable rule for relating the projection operators in each history at successive times, thus providing a general definition of a narrative realm. We are searching for the best way to do that, using ideas about simplicity, complexity, and logical depth presented in [1].

V. THE QUASICLASSICAL REALM(S)

As discussed in Section II, coarse graining is necessary for probability. The families of decoherent sets of coarse-grained histories give rise to descriptions of the universe that are often incompatible with one another. As information gathering and utilizing systems (IGUSes), we use, both individually and collectively, only a very limited subset of these descriptions belonging to a compatible family of realms with histories and probabilities that

manifest certain regularities of the universe associated with classical dynamical laws. These regularities include ones that are exploitable in our various pursuits, such as getting food, reproducing, avoiding becoming food, and achieving recognition. Such sets of histories are defined by alternatives that include ones which our perception is adapted to distinguish. As we will see, coarse graining very far beyond that necessary for mere decoherence is necessary to define the sets that exhibit the most useful of these regularities.

Specific systems like the planet Mars, Western culture, and asparagus exhibit various kinds of particular exploitable regularities. But the most widely applicable class of regularities consists of the correlations in time governed by the deterministic laws of motion of classical physics. In our quantum universe, classical laws are approximately applicable over a wide range of times, places, scales, and epochs. They seem to hold approximately over the whole of the visible universe from a time shortly after the beginning to the present. Indeed, we expect them to hold into the far future. We refer to the family of decoherent sets of coarse-grained histories that describe these regularities as the family of *quasiclassical realms*.

The characteristic properties of a quasiclassical realm all follow from the approximate conservation of the variables that define them, which we call *quasiclassical variables*. As we will illustrate with a specific model below, these include averages of densities of quantities such as energy and momentum that are exactly conserved⁷. But they also include densities of quantities such as baryon number that may be conserved only to an approximation that varies with the epoch.

Approximate conservation leads to predictability in the face of the noise that accompanies typical mechanisms of decoherence. Approximate conservation allows the local equilibrium that leads to closed sets of classical equations of motion summarizing that predictability. This local equilibrium is the basis for the definition of an entropy implementing the second law of thermodynamics.

More specifically, in this paper, by a *quasiclassical realm* we mean an exhaustive set of mutually exclusive coarse-grained alternative histories that obey medium decoherence with the following additional properties: The histories consist largely of related but branch-dependent projections onto ranges of quasiclassical variables at a succession of times. Each history constitutes a narrative, with individual histories exhibiting patterns of correlation implied by closed sets of effective equations of motion interrupted by frequent small fluctuations and occasional major branchings (as in measurement situations). By a *family of quasiclassical realms* we mean a set of com-

that direction. We prefer to keep the fundamental formulation clean and precise by basing it solely on the notion of decoherence.

⁷ Their exact conservation reflects the local symmetries of the approximately fixed spacetime geometry that emerges from the quantum-gravitational fog near the beginning.

patible ones that are all coarse grainings of a common one. Useful families span an enormous range of coarse graining. Quasiclassical realms describing everyday experience, for instance, may be so highly coarse-grained as to refer merely to the features of a local environment deemed worthy of an IGUS's attention. At the other end of the range are the quasiclassical realms that are as fine-grained as possible given decoherence and quasiclassicality. Those realms extend over the wide range of time, place, scale and epoch mentioned above. These coarse grainings defining the maximally refined quasiclassical realms are not a matter of our choice. Rather, those maximal realms are a feature of our universe that we exploit — a feature that is emergent from the initial quantum state, the Hamiltonian, and the extremely long sequence of outcomes of chance events⁸.

A. Quasiclassical Variables

To build a simple model with a coarse graining that defines a quasiclassical realm, we begin with a large box containing local quantum fields. The interactions of these fields are assumed to be local and, for simplicity, to result in short-range forces on bulk matter. Spacetime is assumed to be nearly flat inside the box so that large fluctuations in the geometry of spacetime are neglected. This is a reasonably general model for much of physics in the late universe.

Space inside the box is divided into equal volumes of size V labeled by a discrete index \vec{y} . (The branch dependence of volumes described in Section II is thus ignored.) The linear dimensions of the volumes are assumed to be large compared to the ranges of the forces. Quasiclassical variables are constructed as averages over these volumes of conserved or approximately conserved extensive quantities. These will include energy and linear momentum since spacetime is treated as flat. There might be many conserved or approximately conserved species of particles. To keep the notation manageable we consider just one.

To be explicit, let $T^{\alpha\beta}(\vec{x}, t)$ be the stress-energy-momentum operator for the quantum fields in the Heisenberg picture. The energy density $\epsilon(\vec{x}, t)$ and momentum

density $\pi^i(x, t)$ are $T^{tt}(\vec{x}, t)$ and $T^{ti}(\vec{x}, t)$ respectively. Let $\nu(\vec{x}, t)$ denote the number density of the conserved or nearly conserved species. Then we define

$$\epsilon_V(\vec{y}, t) \equiv \frac{1}{V} \int_{\vec{y}} d^3x \epsilon(\vec{x}, t) \quad (5.1a)$$

$$\vec{\pi}_V(\vec{y}, t) \equiv \frac{1}{V} \int_{\vec{y}} d^3x \vec{\pi}(\vec{x}, t) \quad (5.1b)$$

$$\nu_V(\vec{y}, t) \equiv \frac{1}{V} \int_{\vec{y}} d^3x \nu(\vec{x}, t) \quad (5.1c)$$

where in each case the integral is over the volume labeled by \vec{y} . These are the quasiclassical variables for our model. We note that the densities in (5.1) are the variables for a classical hydrodynamic description of this system — for example, the variables of the Navier-Stokes equation. In more general situations, these might be augmented by further densities of conserved or nearly conserved species, field averages, and other variables, but we will restrict our attention to just these.

A set of alternative coarse-grained histories can be constructed by giving ranges of these quasiclassical variables at a sequence of times. We will call these a set of quasiclassical histories. To be a quasiclassical realm, such a set must decohere and the probabilities must be high for the correlations in time specified by a closed set of deterministic equations of motion. In Section C we will review the construction of these sets of histories, their decoherence, and their probabilities, referring to the work of Halliwell [19–21]. But here we anticipate the qualitative reasons for these results.

Typical realistic mechanisms of decoherence involve the dissipation of phases (between the branch state vectors) into variables that are not followed by the coarse graining. That is the case, for instance, with the many models in which the position of one particle is followed while it is coupled to a bath of others whose positions are ignored for all time[5, 17, 22, 23]. Quasiclassical coarse grainings do not posit one set of variables that are ignored (integrated over) for all time, constituting a fixed ‘environment’. Rather, at each time, the projection operators of the coarse graining define the ignored interior configurations of the volumes whose overall energy, momentum, and number are followed.⁹

The coupling between followed and ignored variables that is necessary for decoherence is inevitably a source of noise for the followed quantities, causing deviations from

⁸ In previous work we have taken the term ‘quasiclassical realm’ to be defined in some respects more generally and in other respects more restrictively than we have here [2]. To investigate information-theoretic measures for quasiclassicality, we left open the possibility that there might be realms exhibiting deterministic correlations in time defined by variables different from the quasiclassical variables. The ‘quasiclassical realms’ of this paper were called ‘usual quasiclassical realms’. We also required that every quasiclassical realm be maximal in the sense discussed above so that it was an emergent feature of the universe and not our choice. For the limited objectives of this paper it seems best to employ the simpler terminology that we have used here rather than seek exact consistency.

⁹ As shown in [24], for any coarse graining of the form (2.5) it is possible to factor an infinite-dimensional Hilbert space into a part that is followed by the coarse graining and a part that is ignored (an environment.) However, that factorization may change from one time to the next, making it difficult to use. The linear oscillator chain studied in [24] provides another example of decoherence brought about by a coupling of followed variables to internal ones.

predictability. The approximate conservation of quasiclassical variables allows them to resist the noise that typical mechanisms of decoherence produce and to remain approximately predictable because typically the inertia of each relevant degree of freedom is large [5, 9].

Indeed, consider the limit where there is only one volume occupying the whole box. Then the quasiclassical variables are the total energy, total momentum, and total number of particles in the box. These are exactly conserved and mutually commuting. Histories of these quantities are therefore precisely correlated with the final values and trivially decohere in the sense discussed in Section III and Appendix A. Exact decoherence and persistence in the limit of one volume suggest efficient approximate decoherence for smaller volumes.

Decoherence, however, is not the only requirement for a quasiclassical realm. A quasiclassical realm must also exhibit the correlations in time implied by a closed set of classical equations of motion. It is to this property that we now turn.

B. Classical Equations for Expected Values

Isolated systems generally evolve toward equilibrium. That is a consequence of statistics. But conserved or approximately conserved quantities such as energy, momentum, and number approach equilibrium more slowly than others. That means that a situation of *local equilibrium* will generally be reached before complete equilibrium is established, if it ever is. This local equilibrium is characterized by the values of conserved quantities contained in small volumes. Even for systems of modest size, time scales for small volumes to relax to local equilibrium can be very, very much shorter than the time scale for reaching complete equilibrium¹⁰ Once local equilibrium is established, the subsequent evolution of the approximately conserved quantities can be described by closed sets of effective classical equations of motion such as the Navier-Stokes equation. The local equilibrium determines the values of the phenomenological quantities such as pressure and viscosity that enter into these equations and the relations among them. This section reviews the standard derivation of these equations of motion for the expected values of the approximately conserved quantities for our model universe in a box, as can be found for example in [25, 26]. The next section considers the histories of these

quantities, their decoherence, and their probabilities.

Central to the description of local equilibrium is the idea of an *effective density matrix*. For large systems the computation of the decoherence functional directly from the quantum state $\rho \equiv |\Psi\rangle\langle\Psi|$ may be practically impossible. However, it may happen for *certain classes of coarse grainings* that the decoherence functional is given to a good approximation by an effective density matrix $\tilde{\rho}$ that requires less information to specify than ρ does (cf Section VI). That is,

$$D(\alpha, \beta) \equiv Tr(C_\alpha \rho C_\beta^\dagger) \approx Tr(C_\alpha \tilde{\rho} C_\beta^\dagger) \quad (5.2)$$

for all histories α and β in an exhaustive set of alternative coarse-grained histories¹¹.

A familiar example of an effective density matrix is the one describing a system in a box in thermal equilibrium

$$\tilde{\rho}_{\text{eq}} = Z^{-1} \exp[-\beta(H - \vec{U} \cdot \vec{P} - \mu N)]. \quad (5.3)$$

Here, H , \vec{P} , and N are the operators for total energy, total momentum, and total conserved number inside the box — all extensive quantities. The c -number intensive quantities β , \vec{U} , and μ are respectively the inverse temperature (in units where Boltzmann's constant is 1), the velocity of the box, and the chemical potential. A normalizing factor Z ensures $Tr(\tilde{\rho}_{\text{eq}}) = 1$. In the next section, we will give a standard derivation of this effective density matrix as one that maximizes the missing information subject to expected value constraints.

Local equilibrium is achieved when the decoherence functional for sets of histories of quasiclassical variables $(\epsilon, \vec{\pi}, n)$ is given approximately by the *local* version of the equilibrium density matrix (5.3)

$$\tilde{\rho}_{\text{leq}} = Z^{-1} \exp \left[- \int d^3x \beta(\vec{x}, t) (\epsilon(\vec{x}, t) - \vec{u}(\vec{x}, t) \cdot \vec{\pi}(\vec{x}, t) - \mu(\vec{x}, t) \nu(\vec{x}, t)) \right]. \quad (5.4)$$

This local equilibrium density matrix is constructed to reproduce the expected values of the quasiclassical variables such as the energy density averaged over a volume at a moment of time $\epsilon_V(\vec{y}, t)$, viz.

$$\langle \epsilon_V(\vec{y}, t) \rangle \equiv Tr(\epsilon_V(\vec{y}, t) \rho) = Tr(\epsilon_V(\vec{y}, t) \tilde{\rho}_{\text{leq}}) \quad (5.5)$$

and similarly for $\vec{\pi}_V(\vec{y}, t)$ and $\nu_V(\vec{y}, t)$. The expected values of quasiclassical quantities are thus functions of the intensive c -number quantities $\beta(\vec{x}, t)$, $\vec{u}(\vec{x}, t)$, and $\mu(\vec{x}, t)$. These are the local inverse temperature, velocity, and chemical potential respectively. They now vary with time as the system evolves toward complete equilibrium. In

¹⁰ In realistic situations there will generally be a hierarchy of time scales in which different kinds of equilibrium are reached on different distance scales. Star clusters provide a simple example. The local equilibrium of the kind described here is reached much more quickly for the matter inside the stars than the metastable equilibrium governed by weak, long range gravitation that may eventually characterize the cluster as a whole. By restricting our model to short-range forces we have avoided such realistic complications.

¹¹ The \approx in the (5.2) means that deviations from effective behavior are negligible. This is a different approximation from that in (2.11), where it is the off-diagonal elements of the decoherence functional that are negligible.

the next section, we will give a standard derivation of the local equilibrium density matrix as one that maximizes the missing information subject to expected value constraints of local quantities as in (5.5).

When there is not too much danger of confusion we will often replace sums over $\epsilon_V(\vec{y}, t)$ with integrals over $\epsilon(\vec{x}, t)$ and similarly with the other quasiclassical quantities $\vec{\pi}$ and ν . In particular, the differential equations of motion that we discuss below are a familiar kind of approximation to a set of difference equations.

A closed set of deterministic equations of motion for the expected values of $\epsilon(\vec{x}, t)$, $\vec{\pi}(\vec{x}, t)$, and $\nu(\vec{x}, t)$ follows from assuming that $\tilde{\rho}_{\text{leq}}$ is an effective density matrix for computing them. To see this, begin with the Heisenberg equations for the conservation of the stress-energy-momentum operator $T^{\alpha\beta}(\vec{x}, t)$ and the number current $j^\alpha(\vec{x}, t)$.

$$\frac{\partial T^{\alpha\beta}}{\partial x^\beta} = 0 \quad , \quad \frac{\partial j^\alpha}{\partial x^\alpha} = 0. \quad (5.6)$$

Noting that $\epsilon(\vec{x}, t) = T^{tt}(\vec{x}, t)$ and $\pi^i(\vec{x}, t) = T^{ti}(\vec{x}, t)$, eqs (5.6) can be written out in a 3+1 form and their expected values taken. The result is the set of five equations

$$\frac{\partial \langle \pi^i \rangle}{\partial t} = - \frac{\partial \langle T^{ij} \rangle}{\partial x^j}, \quad (5.7a)$$

$$\frac{\partial \langle \epsilon \rangle}{\partial t} = - \vec{\nabla} \cdot \langle \vec{\pi} \rangle, \quad (5.7b)$$

$$\frac{\partial \langle \nu \rangle}{\partial t} = - \vec{\nabla} \cdot \langle \vec{j} \rangle. \quad (5.7c)$$

The expected values are all functions of \vec{x} and t .

To see how these conservation laws lead to a closed system of equations of motion, consider the right hand sides, for instance that of (5.7a). From the form of $\tilde{\rho}_{\text{leq}}$ in (5.4) we find that the stress tensor $\langle T^{ij}(\vec{x}, t) \rangle$ is a *function* of \vec{x} and t , and a *functional* of the intensive multiplier functions $\beta(\vec{\xi}, \tau)$, $\vec{u}(\vec{\xi}, \tau)$, and $\mu(\vec{\xi}, \tau)$. We write this relation as

$$\langle T^{ij}(\vec{x}, t) \rangle = \tilde{T}^{ij}[\beta(\vec{\xi}, \tau), u(\vec{\xi}, \tau), \mu(\vec{\xi}, \tau); \vec{x}, t). \quad (5.8)$$

In the same way, the expected values of $\epsilon(\vec{x}, t)$, $\vec{\pi}(\vec{x}, t)$, and $\nu(\vec{x}, t)$ become functionals of $\beta(\vec{\xi}, \tau)$, $\vec{u}(\vec{\xi}, \tau)$, and $\mu(\vec{\xi}, \tau)$, *e.g.*

$$\langle \epsilon(\vec{x}, t) \rangle = \tilde{\epsilon}[\beta(\vec{\xi}, \tau), \vec{u}(\vec{\xi}, \tau), \mu(\vec{\xi}, \tau); \vec{x}, t). \quad (5.9)$$

Inverting the five relations like (5.9) and substituting in the expressions for the right hand side like (5.8), we get

$$\langle T^{ij}(\vec{x}, t) \rangle = \tilde{T}^{ij}[\langle \epsilon(\vec{\xi}, \tau) \rangle, \langle \vec{u}(\vec{\xi}, \tau) \rangle, \langle \nu(\vec{\xi}, \tau) \rangle; \vec{x}, t). \quad (5.10)$$

Thus, the set of equations (5.7) can be turned into a closed set of deterministic equations of motion for the expected values of the quasiclassical variables $\langle \epsilon(\vec{x}, t) \rangle$, $\langle \vec{\pi}(\vec{x}, t) \rangle$, and $\langle \nu(\vec{x}, t) \rangle$.

The process of expression and inversion adumbrated above could be difficult to carry out in practice. The familiar classical equations of motion arise from further approximations, in particular from assuming that the gradients of all quantities are small. For example, for a non-relativistic fluid of particles of mass m , the most general Galilean-invariant form of the stress tensor that is linear in the gradients of the fluid velocity $\vec{u}(x)$ has the approximate form [27]

$$\begin{aligned} \tilde{T}^{ij} = & p\delta^{ij} + m\nu u^i u^j - \eta \left[\frac{\partial u^i}{\partial x^j} + \frac{\partial u^j}{\partial x^i} - \frac{2}{3} \delta_{ij} (\vec{\nabla} \cdot \vec{u}) \right] \\ & - \zeta \delta_{ij} (\vec{\nabla} \cdot \vec{u}). \end{aligned} \quad (5.11)$$

The pressure p and coefficients of viscosity η and ζ are themselves functions say of β and ν determined by the construction leading to (5.10). This form of the stress tensor in (5.7a) leads to the Navier-Stokes equation.

C. Quasiclassical Histories

A quantum system can be said to behave quasiclassically when, in a suitable realm, the probability is high for its quasiclassical variables to be correlated in time by approximate, deterministic classical laws of motion. For instance, according to quantum mechanics there is a probability for the earth to move on any orbit around the sun. The earth moves classically when the probability is high that histories of suitably coarse-grained positions of the earth's center of mass are correlated by Newton's laws of motion. The probabilities defining these correlations are probabilities of *time histories* of coarse-grained center of mass positions of the earth. The behavior of the expected values of position as a function of time is not enough to evaluate these probabilities. Similarly the classical behavior of the expected values of quasiclassical hydrodynamic variables derived in the last subsection does not necessarily imply either the decoherence or the classicality of these variables except in very special situations.

One example of such a special situation for the motion of a non-relativistic particle in one dimension starts from Ehrenfest's theorem:

$$m \frac{d^2 \langle x \rangle}{dt^2} = - \left\langle \frac{dV(x)}{dx} \right\rangle. \quad (5.12)$$

If the initial state is a narrow wave packet that does not spread very much over the time of interest this becomes approximately

$$m \frac{d^2 \langle x \rangle}{dt^2} \approx - \frac{dV(\langle x \rangle)}{d\langle x \rangle}. \quad (5.13)$$

This is a classical equation of motion for the expected value $\langle x \rangle$ not dissimilar in character from those for quasiclassical variables in the previous subsection.

Suppose we study the history of the particle using a set of histories coarse-grained by ranges of x at a sequence of times with the ranges all large compared to the width of the initial wave packet. Then, the only history with a non-negligible amplitude consists of the ranges traced out by the center of the wave packet along $\langle x(t) \rangle$. Decoherence of this set is immediate since only the one coarse-grained history tracking $\langle x(t) \rangle$ has any significant amplitude. And, since that history is correlated in time by (5.13), the probability for classical correlations in time is near unity.

In this example the initial state is very special. Also, the coarse graining is very coarse — too coarse for instance to exhibit any quantum corrections to classical behavior.

In several interesting papers [19, 21] J. Halliwell has provided a demonstration of the classical behavior of quasiclassical hydrodynamic variables. This has something of the character of the Ehrenfest example although it is more technically complex and less special and correspondingly provides more insight into the problem of classicality.

A very brief summary of his assumptions and results are as follows:

- Consider a system of N non-relativistic particles in a box with a Hamiltonian H specified by two-body potentials with a characteristic range L . Consider an initial state $|\Psi\rangle$ that is an approximate eigenstate of the quasiclassical variables $(\epsilon_V(\vec{y}, t), \vec{\pi}_V(\vec{y}, t), \nu_V(\vec{y}, t))$. (This can be achieved approximately even though these variables do not commute.) The volume V is chosen so that i) $\langle \nu_V(y) \rangle$ is large, and ii) $V \gg L^3$.
- Define a set of quasiclassical histories of the type discussed in Section IIIA, using ranges of the $(\epsilon_V(\vec{y}, t), \vec{\pi}_V(\vec{y}, t), \nu_V(\vec{y}, t))$ at a sequence of times. Under the above assumptions it is possible to show that the fluctuations in any of the quasiclassical quantities are small and remain small, for instance

$$\langle [\Delta \nu_V(\vec{y}, t)]^2 \rangle / \langle \nu_V(\vec{y}, t) \rangle^2 \ll 1. \quad (5.14)$$

The approximate conservation underlying the quasiclassical quantities ensures that the relations like (5.14) hold over time.

- As a consequence Halliwell shows that histories of the quasiclassical variables are approximately decoherent and that their probabilities are peaked about the evolution given by the classical equations of motion for the expected values. The crucial reason is that the small fluctuation relations like (5.14) mean that there is essentially only one history in each set, somewhat as in the Ehrenfest example.

Halliwell's result is the best we have today. But in our opinion there is still much further work to be done in demonstrating the quasiclassical behavior of *histories*

of quasiclassical variables. In particular, as mentioned earlier, quasiclassical realms that are maximally refined consistent with decoherence and classicality are of interest. The coarse graining in the above analysis is likely to be much coarser than that.

The contrast with the studies of classicality in the much simpler oscillator models (e.g [5, 21, 24]) is instructive. (The reader not familiar with this work should skip this paragraph.) On the negative side these models do not deal with the quasiclassical variables under discussion here but rather with positions of particles or averages of these. Consequently they assume an arbitrary system/environment split. However, on the positive side it is possible to study various levels of refinement of the coarse graining, to provide quantitative estimates for such quantities as the decoherence time, and to exhibit the effects of quantum noise on classical behavior. We express the hope that it will someday be possible to achieve similar levels of precision with the more realistic quasiclassical realms.

VI. INFORMATION AND ENTROPY

Information must be sacrificed through coarse graining to allow the existence of probabilities for non-trivial sets of histories. Further coarse graining is needed to achieve sets of histories that exhibit predictable regularities such as those of the quasiclassical realms. These are two messages from the previous sections. Quantitative measures of the missing information are supplied by various candidates for entropy that can be constructed in connection with realms¹¹. This section focuses on one measure of missing information and its connection with the usual entropy of chemistry and physics.

We review the general prescription for constructing entropies from coarse grainings. When information is missing about the state of a quantum system, that system can be described by a density matrix ρ . The natural and usual measure of the missing information is the entropy of ρ defined as

$$S(\rho) = -Tr(\rho \log \rho). \quad (6.1)$$

This is zero when ρ is a pure state, $\rho = |\Psi\rangle\langle\Psi|$, showing that a pure state is a complete description of a quantum system. For a Hilbert space of finite dimension \mathcal{N} , complete ignorance is expressed by $\rho = I/Tr(I)$. The maximum value of the missing information is $\log \mathcal{N}$.

A coarse-grained description of a quantum system generally consists of specifying the expected values of certain operators A_m , ($m = 1, \dots, M$) in the “mixed” state ρ . That is, the system is described by specifying

$$\langle A_m \rangle \equiv Tr(A_m \rho), \quad (m = 1, \dots, M). \quad (6.2)$$

¹¹ For discussion and comparison of some of these measures see [2, 28].

For example, the $\{A_m\}$ might be an exhaustive set of orthogonal projection operators $\{P_\alpha\}$ of the kind used in Section II to describe yes/no alternatives at one moment of time. These projections might be onto ranges of the center-of-mass position of the planet Mars. In a finer-grained quasiclassical description, of the kind discussed in Section V, they might be projections onto ranges of values of the densities of energy, momentum, and other conserved or nearly conserved quantities averaged over small volumes in the interior of Mars. In a coarse graining of that, the $\{A_m\}$ might be the operators $\epsilon_V(\vec{y}, t)$, $\vec{\pi}_V(\vec{y}, t)$, and $\nu_V(\vec{y}, t)$ themselves, so that the description at one time is in terms of the expected values of variables rather than expected values of projections onto ranges of values of those variables. As these examples illustrate, the $\{A_m\}$ are not necessarily mutually commuting.

The measure of missing information in descriptions of the form (6.2) for a quantum system with density matrix ρ is the maximum entropy over the effective density matrices $\tilde{\rho}$ that are consistent with the coarse-grained description (*e.g.* [29–31]). Specifically,

$$S(\{A_m\}, \rho) \equiv -Tr(\tilde{\rho} \log \tilde{\rho}), \quad (6.3)$$

where $\tilde{\rho}$ maximizes this quantity subject to the constraints

$$Tr(A_m \tilde{\rho}) = \langle A_m \rangle \equiv Tr(A_m \rho), \quad m = 1, \dots, M. \quad (6.4)$$

The solution to this maximum problem is straightforward to obtain by the method of Lagrange multipliers and is

$$\tilde{\rho} = Z^{-1} \exp\left(-\sum_{m=1}^M \lambda^m A_m\right). \quad (6.5)$$

Here, the $\{\lambda_m\}$ are *c*-number Lagrange multipliers determined in terms of ρ and A_m by the coarse graining constraints (6.4); Z ensures normalization. The missing information is then the entropy

$$S(\{A_m\}, \rho) = -Tr(\tilde{\rho} \log \tilde{\rho}). \quad (6.6)$$

As mentioned earlier the A 's need not be commuting for this construction. What is important is that the constraints (6.4) are linear in ρ .

Suppose that a coarser-grained description is characterized by operators $\{\bar{A}_{\bar{m}}\}$, $\bar{m} = 1, \dots, \bar{M} < M$ such that

$$\bar{A}_{\bar{m}} = \sum_{m \in \bar{m}} c_{\bar{m}m} A_m, \quad (6.7)$$

where the $c_{\bar{m}m}$ are coefficients relating the operators of the finer graining to those of the coarser graining. For example, suppose that the A_m are averages over volumes $V(\vec{y})$ of one of the quasiclassical variables. Averaging over bigger volumes $\bar{V}(\vec{z})$ that are unions of these would be a coarser-grained description. The coefficients $c_{\bar{m}m}$ would become $c(\vec{z}, \vec{y}) \equiv V(\vec{y})/\bar{V}(\vec{z})$. Then, we obtain

$$S(\{\bar{A}_{\bar{m}}\}, \rho) \geq S(\{A_m\}, \rho), \quad (6.8)$$

since there are fewer constraints to apply in the maximum-missing-information construction. Entropy increases with further coarse graining.

Among the various possible operators $\{A_m\}$ that could be constructed from those defining histories of the quasiclassical realm, which should we choose to find a connection (if any), with the usual entropy of chemistry and physics? Familiar thermodynamics provides some clues. The first law of thermodynamics connects changes in the *expected values* of energy over time with changes in volume and changes in entropy. This suggests that for our present purpose we should consider an entropy defined at one time rather than for a history. It also suggests that we should consider the entropy defined by the expected values of quasiclassical quantities and not use the finer-grained description by ranges of values of the quantities themselves, which enter naturally into histories.

To see that this is on the right track, let us compute the missing information specifying the expected values of the total energy H , total momentum \vec{P} , and total conserved number N for our model system in a box. The density matrix maximizing the missing information is¹², from (6.5)

$$\tilde{\rho}_{\max} = Z^{-1} \exp[-\beta(H - \vec{U} \cdot \vec{P} - \mu N)]. \quad (6.9)$$

This is the equilibrium density matrix (6.3). The entropy S defined by (6.6) is straightforwardly calculated from the (Helmholtz) free energy F defined by

$$\begin{aligned} Tr\{\exp[-\beta(H - \vec{U} \cdot \vec{P} - \mu N)]\} \\ \equiv \exp[-\beta(F - \vec{U} \cdot \langle \vec{P} \rangle - \mu \langle N \rangle)]. \end{aligned} \quad (6.10)$$

We find

$$S = \beta(\langle H \rangle - F). \quad (6.11)$$

This standard thermodynamic relation shows that we have recovered the standard entropy of chemistry and physics.

In an analogous way, the missing information can be calculated for a coarse graining in which $\langle \epsilon(\vec{x}, t) \rangle$, $\langle \vec{\pi}(\vec{x}, t) \rangle$, and $\langle \nu(\vec{x}, t) \rangle$ are specified at one moment of time. The density matrix that maximizes the missing information according to (6.3) is that for the assumed *local* equilibrium (5.4). The entropy is

$$S = \int d^3x \beta(\vec{x}, t) [\langle \epsilon(\vec{x}, t) \rangle - \langle \phi(\vec{x}, t) \rangle], \quad (6.12)$$

where $\langle \phi(\vec{x}, t) \rangle$ is the free energy density defined analogously to (6.10). The integrand of (6.12) is then naturally understood as the *entropy density* $\sigma(\vec{x}, t)$.

¹² Note that in (6.9) H means the Hamiltonian, not the enthalpy, and $\langle H \rangle$ is the same as what is often denoted by U in thermodynamics.

In these ways the usual entropy of chemistry and physics arises naturally from the coarse graining that is inescapable for quantum-mechanical decoherence and for quasiclassical predictability of histories, together with the assumption of local equilibrium¹³.

VII. THE SECOND LAW OF THERMODYNAMICS

We can now discuss the time evolution in our universe of the entropy described in the previous section by the coarse graining defining a quasiclassical realm. The context of this discussion continues to be our model universe of fields in a box. For the sake of simplicity, we are therefore not only treating an artificial universe in a box but also sidestepping vital issues such as the accelerated expansion of the universe, possible eternal inflation, the decay of the proton, the evaporation of black holes, long range forces, gravitational clumping, etc. etc. (See, for example [32–34].)

For this discussion we will distinguish two connected but different features of the universe:

- The tendency of the total entropy of the universe to increase.
- The tendency of the entropy of each presently almost isolated system to increase in the same direction of time. This might be called the homogeneity of the thermodynamic arrow of time.

Evidently these features are connected. The first follows from the second, but only in the late universe when almost isolated systems are actually present. In the early universe we have only the first. Together they may be called the second law of thermodynamics.

More particularly, isolated systems described by quasiclassical coarse grainings based on approximately conserved quantities can be expected to evolve toward equilibrium characterized by the total values of these conserved quantities. In our model universe in a box, the probabilities of $\epsilon_V(\vec{y}, t)$, $\pi_V(\vec{y}, t)$, $\nu_V(\vec{y}, t)$, and their correlations are eventually given by the equilibrium density matrix (5.3). The conditions that determine the equilibrium density matrix are sums of the conditions that determine the local equilibrium density matrix in the Jaynes construction (6.4). The smaller number of conditions means that the equilibrium entropy will be larger than that for any local equilibrium [*cf.* (6.8)].

Two conditions are necessary for our universe to exhibit a general increase in total entropy defined by quasiclassical variables:

- The quantum state $|\Psi\rangle$ is such that the initial entropy is near the minimum it could have for the coarse graining defining it. It then has essentially nowhere to go but up.
- The relaxation time to equilibrium is long compared to the present age of the universe so that the general tendency of its entropy to increase will dominate its evolution.

In our simple model we have neglected gravitation for simplicity, but for the following discussion we restore it. Gravity is essential to realizing the first of these conditions because in a self-gravitating system gravitational clumping increases entropy. The early universe is approximately homogeneous, implying that the entropy has much more room to increase through the gravitational growth of fluctuations. In a loose sense, as far as gravity is concerned, the entropy of the early universe is low for the coarse graining we have been discussing. The entropy then increases. Note that a smaller effect in the opposite direction is connected with the thermodynamic equilibrium of the matter and radiation in the very early universe. See [35] for an entropy audit of the *present* universe.

Coarse graining by approximately conserved quasiclassical variables helps with the second of the two conditions above — relaxation time short compared to present age. Small volumes come to local equilibrium quickly. But the approximate conservation ensures that the whole system will approach equilibrium slowly, whether or not such equilibrium is actually attained. Again gravity is important because its effects concentrate a significant fraction of the matter into almost isolated systems such as stars and galactic halos, which strongly interact with one other only infrequently¹⁴.

Early in the universe there were no almost isolated systems. They arose later from the condensation of initial fluctuations by the action of gravitational attraction¹⁵. They are mostly evolving toward putative equilibrium in the same direction of time. Evidently this homogeneity of the thermodynamic arrow of time cannot follow from the approximately time-reversible dynamics and statistics alone. Rather the explanation is that the progenitors of today’s nearly isolated systems were all far from equilibrium a long time ago and have been running down hill ever since. This provides a stronger constraint on the initial state than merely having low total entropy. As Boltzmann put it over a century ago: “The second law of thermodynamics can be proved from the [time-reversible] mechanical theory, if one assumes that the present state

¹³ In some circumstances (for example when we take gravitation into account in metastable configurations of matter) there may be other kinds of entropy that are appropriate such as q -entropy with $q \neq 1$. Such circumstances have been excluded from our model for simplicity, but for more on them see e.g [41]

¹⁴ For thoughts on what happens in the very long term in an expanding universe see [36, 37].

¹⁵ Much later certain IGUSes create isolated systems in the laboratory which typically inherit the thermodynamic arrow of the IGUS and apparatus that prepared them.

of the universe...started to evolve from an improbable [*i.e.* special] state” [38].

The initial quantum state of our universe must be such that it leads to the decoherence of sets of quasiclassical histories, most probably by shortly after the Planck time but certainly by the time of nucleosynthesis of the lightest elements. In addition, the initial state must be such that the entropy of quasiclassical coarse graining is low in the beginning and also be such that the entropy of presently isolated systems was also low. Then the universe can exhibit both aspects of the second law of thermodynamics.

The quasiclassical coarse grainings are therefore distinguished from others, not only because they exhibit predictable regularities of the universe governed by approximate deterministic equations of motion, but also because they are characterized by a sufficiently low entropy in the beginning and a slow evolution towards equilibrium, which makes those regularities exploitable.

This confluence of features suggests the possibility of a connection between the dynamics of the universe and its initial condition. The ‘no-boundary’ proposal for the initial quantum state [39] is an example of just such a connection. According to it, the initial state is computable from the Euclidean action, in a way similar to the way the ground state of a system in flat space can be calculated.

VIII. CONCLUSIONS AND COMMENTS

Many of the conclusions of this paper can be found among the bullets in the Introduction. Rather than reiterating all of them here, we prefer to discuss in this section some broader issues. These concern the relation between our approach to quantum mechanics, based on coarse-grained decoherent histories of a closed system, and the approximate quantum mechanics of measured subsystems, as in the “Copenhagen interpretation.” The latter formulation *postulates* (implicitly for most authors or explicitly in the case of Landau and Lifshitz [40]) a classical world and a quantum world, with a movable boundary between the two. Observers and their measuring apparatus make use of the classical world, so that the results of a “measurement” are ultimately expressed in one or more “c-numbers”.

We have emphasized that this widely taught interpretation, although successful, cannot be the fundamental one because it seems to require a physicist outside the system making measurements (often repeated ones) of it. That would seem to rule out any application to the universe, so that quantum cosmology would be excluded. Also billions of years went by with no physicist in the offing. Are we to believe that quantum mechanics did not apply to those times?

In this discussion, we will concentrate on how the Copenhagen approach fits in with ours as a set of special cases and how the “classical world” can be replaced by a quasiclassical realm. Such a realm is not *postulated*

but rather is *explained* as an emergent feature of the universe characterized by H , $|\Psi\rangle$, and the enormously long sequences of accidents (outcomes of chance events) that constitute the coarse-grained decoherent histories. The material in the preceding sections can be regarded as a discussion of how quasiclassical realms emerge.

We say that a ‘measurement situation’ exists if some variables (including such quantum-mechanical variables as electron spin) come into high correlation with a quasiclassical realm. In this connection we have often referred to fission tracks in mica. Fissionable impurities can undergo radioactive decay and produce fission tracks with randomly distributed definite directions. The tracks are there irrespective of the presence of an “observer”. It makes no difference if a physicist or other human or a chinchilla or a cockroach looks at the tracks. Decoherence of the alternative tracks induced by interaction with the other variables in the universe is what allows the tracks to exist independent of “observation” by an “observer”. All those other variables are effectively doing the “observing”. The same is true of the successive positions of the moon in its orbit not depending on the presence of “observers” and for density fluctuations in the early universe existing when there were no observers around to measure them.

The idea of “collapse of the wave function” corresponds to the notion of variables coming into high correlation with a quasiclassical realm, with its decoherent histories that give true probabilities. The relevant histories are defined only through the projections that occur in the expressions for these probabilities [cf (2.7)]. Without projections, there are no questions and no probabilities. In many cases conditional probabilities are of interest. The collapse of the probabilities that occurs in their construction is no different from the collapse that occurs at a horse race when a particular horse wins and future probabilities for further races conditioned on that event become relevant.

The so-called “second law of evolution”, in which a state is ‘reduced’ by the action of a projection, and the probabilities renormalized to give ones conditioned on that projection, is thus not some mysterious feature of the measurement process. Rather it is a natural consequence of the quantum mechanics of decoherent histories, dealing with alternatives much more general than mere measurement outcomes.

There is thus no actual conflict between the Copenhagen formulation of quantum theory and the more general quantum mechanics of closed systems. Copenhagen quantum theory is an approximation to the more general theory that is appropriate for the special case of measurement situations. Decoherent histories quantum mechanics is rather a *generalization* of the usual approximate quantum mechanics of measured subsystems.

In our opinion decoherent histories quantum theory advances our understanding in the following ways among many others:

- Decoherent histories quantum mechanics extends

the domain of applicability of quantum theory to histories of features of the universe irrespective of whether they are receiving attention of observers and in particular to histories describing the evolution of the universe in cosmology.

- The place of classical physics in a quantum universe is correctly understood as a property of a particular class of sets of decoherent coarse-grained alternative histories — the quasiclassical realms [5, 9]. In particular, the *limits* of a quasiclassical description can be explored. Dechoherence may fail if the graining is too fine. Predictability is limited by quantum noise and by the major branchings that arise from the amplification of quantum phenomena as in a measurement situation. Finally, we cannot expect a quasiclassical description of the universe in its earliest moments where the very geometry of spacetime may be undergoing large quantum fluctuations.
- Decoherent histories quantum mechanics provides new connections such as the relation (which has been the subject of this paper) between the coarse graining characterizing quasiclassical realms and the coarse graining characterizing the usual thermodynamic entropy of chemistry and physics.
- Decoherent histories quantum theory helps with understanding the Copenhagen approximation. For example, measurement was characterized as an “irreversible act of amplification”, “the creation of a record”, or as “a connection with macroscopic variables”. But these were inevitably imprecise ideas. How much did the entropy have to increase, how long did the record have to last, what exactly was meant by “macroscopic”? Making these ideas precise was a central problem for a theory in which measurement is fundamental. But it is less central in a theory where measurements are just special, approximate situations among many others. Then characterizations such as those above are not false, but true in an approximation that need not be exactly defined.
- Irreversibility clearly plays an important role in science as illustrated here by the two famous applications to quantum-mechanical measurement situations and to thermodynamics. It is not an absolute concept but context-dependent like so much else in quantum mechanics and statistical mechanics. It is highly dependent on coarse graining, as in the case of the document shredding [7], which was typically carried out in one dimension until the seizure by Iranian “students” of the U.S. Embassy in Tehran in 1979, when classified documents were put together and published. Very soon, in many parts of the world, there was a switch to two-dimensional shredding, which appears to be secure today. It

would now be labeled as irreversible just as the one-dimensional one was previously. The shredding and mixing of shreds clearly increased the entropy of the documents, in both cases by an amount dependent on the coarse grainings involved. Irreversibility is evidently not absolute but dependent on the effort or cost involved in reversal.

The founders of quantum mechanics were right in pointing out that something external to the framework of wave function and Schrödinger equation *is* needed to interpret the theory. But it is not a postulated classical world to which quantum mechanics does not apply. Rather it is the initial condition of the universe that, together with the action function of the elementary particles and the throws of quantum dice since the beginning, explains the origin of quasiclassical realm(s) within quantum theory itself.

APPENDIX A: TRIVIAL DECOHERENCE OF PERFECTLY FINE-GRAINED SETS OF HISTORIES

A set of perfectly fine-grained histories trivially decoheres when there is a different final projection for each history with a non-zero branch state vector. Equivalently, we could say that a set of completely fine-grained histories is trivial if each final projection has only one possible prior history. The orthogonality of the final alternatives then automatically guarantees the decoherence of the realm. Such sets are trivial in the sense that what happens at the last moment is uniquely correlated with the alternatives at all previous moments. This appendix completes the demonstration, adumbrated in Section III.A, that completely fine-grained realms are trivial.

The domain of discussion was described in Section III.A. We consider sets of histories composed of completely fine-grained alternatives at any one time specified by a complete basis for Hilbert space. It is sufficient to consider a sequence of times t_k , ($k = 1, 2, \dots, n$) because if such decoherent sets are trivial all finer-grained sets will also be trivial. In Section III.A we denoted the bases by $\{|k, i_k\rangle\}$. Here, in the hope of keeping the notation manageable, we will drop the first label and just write $\{|i_k\rangle\}$. The condition for decoherence (2.8) is then

$$\langle \Psi_{i'_n, \dots, i'_1} | \Psi_{i_n, \dots, i_1} \rangle = p(i_n, \dots, i_1) \delta_{i'_n i_n} \cdots \delta_{i'_1 i_1} \quad (\text{A.1})$$

where the branch state vectors $|\Psi_{i_n, \dots, i_1}\rangle$ are defined by (2.6) with alternatives at each time of the form (3.1) and where equality has replaced \approx because we are insisting on exact decoherence.

Mathematically, the decoherence condition (A.1) can be satisfied in several ways. Some of the histories could be represented by branch state vectors which vanish (zero histories for short). These have vanishing inner products

with all branch state vectors including themselves. They therefore do not affect decoherence and their probabilities are equal to zero. Further discussion can therefore be restricted to the non-vanishing branches.

Decoherence in the final alternatives i_n is automatic because the projections $P_{i'_n}$ and P_{i_n} are orthogonal if different. Decoherence is also automatic if each non-zero history has its own final alternative or, equivalently, if each final alternative i_n has a unique prior history. Then decoherence of the final alternatives guarantees the decoherence of the set.

Two simple and trivial examples may help to make this discussion concrete. Consider the set of completely fine-grained histories defined by taking the same basis $\{|i\rangle\}$ at each time. The resulting orthogonality of the projections between times ensures that the only non-zero histories have $i_n = i_{n-1} = \dots = i_2 = i_1$ in an appropriate notation. Evidently each i_n corresponds to exactly one chain of past alternatives and the decoherence condition (A.1) is satisfied.

A related trivial example is obtained choosing the $\{|i_k\rangle\}$ to be the state $|\Psi\rangle$ and some set of orthogonal states at each of the times t_1, \dots, t_{n-1} . That is, we are mindlessly asking the question, “Is the system in the state $|\Psi\rangle$ or not?” over and over again until the last alternative. The only non-zero branches are of the form

$$|i_n\rangle\langle i_n|\Psi\rangle\langle\Psi|\Psi\rangle\cdots\langle\Psi|\Psi\rangle = |i_n\rangle\langle i_n|\Psi\rangle. \quad (\text{A.2})$$

In this case, each final alternative is correlated with the same set of previous alternatives. The set decoheres because the only non-trivial branching is at the last time as the equality in (A.2) shows. But then each history has a unique final end alternative and the set is thus trivial¹⁶

Trivial sets of completely fine-grained histories have many zero-histories as in the above examples. To see this more quantitatively, imagine for a moment that the dimension of Hilbert space is a very large but finite number \mathcal{N} . A generic, completely fine-grained set with n times would consist of \mathcal{N}^n histories. But there can be at most \mathcal{N} orthogonal branches — no more than are supplied just by alternatives at one time. Indeed the trivially decohering completely fine-grained sets described above have at most \mathcal{N} branches. Most of the possible histories must therefore be zero. Further, assuming that at least one non-zero branch is added at each time, the number of times n is limited to \mathcal{N} .

Were a final alternative in a completely fine-grained set to have more than one possible previous non-zero history, the set would not decohere. To see this, suppose some particular final alternative k_n had two possible, non-zero,

past histories. Let the earliest (and possibly the only) moment the histories differ be time t_j . The condition for decoherence is [cf. (A.1)]

$$\begin{aligned} &\langle\Psi|i'_1\rangle\langle i'_1|i'_2\rangle\cdots\langle i'_{n-1}|k_n\rangle\langle k_n|i_{n-1}\rangle\cdots\langle i_2|i_1\rangle\langle i_1|\Psi\rangle \\ &= p(k_n, \dots, i_1) \delta_{i'_{n-1}i_{n-1}} \cdots \delta_{i'_1i_1}. \end{aligned} \quad (\text{A.3})$$

Sum this over all the i_1, \dots, i_{j-1} and i'_1, \dots, i'_{j-1} to find

$$\begin{aligned} &\langle\Psi|i'_j\rangle M(i'_j, \dots, i'_{n-1}, k_n, i_{n-1}, \dots, i_j) \langle i_j|\Psi\rangle \\ &= p(k_n, \dots, i_j) \delta_{i'_{n-1}i_{n-1}} \cdots \delta_{i'_ji_j} \end{aligned} \quad (\text{A.4})$$

where we have employed an abbreviated notation for the product of all the remaining matrix elements. By hypothesis there are at least two chains (i_j, \dots, k_n) differing in the value of i_j for which M does not vanish and the history is not zero. But decoherence at time t_j then requires that $\langle i_j|\Psi\rangle$ vanish for all but one i_j , contradicting the assumption that there are two non-zero histories.

The only decohering, perfectly fine-grained sets are thus trivial.

We now discuss the connection between this notion of a trivial fine-grained realm and the idea of generalized records introduced in [3, 10]. Generalized records of a realm are a set of orthogonal projections $\{R_\alpha\}$ that are correlated to a good approximation with the histories of the realm $\{C_\alpha\}$ so that

$$R_\alpha C_\beta|\Psi\rangle \approx \delta_{\alpha\beta} C_\alpha|\Psi\rangle. \quad (\text{A.5})$$

Generalized records of a particular kind characterize important physical mechanisms of decoherence. For instance, in the classic example of Joos and Zeh [17] a dust grain is imagined to be initially in a superposition of two places deep in intergalactic space. Alternative histories of coarse-grained positions of the grain are made to decohere by the interactions with the 10^{11} photons of the 3° cosmic background radiation that scatter every second. Through the interaction, records of the positions are created in the photon degrees of freedom, which are variables *not* followed by the coarse graining.

But the trivial generalized records that characterize fine-grained realms are not of this kind. They are in variables that *are* followed by the coarse graining. They could not be in other variables because the histories are fine-grained and follow everything. They are trivial records for a trivial kind of realm¹⁷.

¹⁶ Coarse-grained examples of both kinds triviality can be given. Repeating the same Heisenberg picture sets of projections at all times is an example of the first. Histories defined by Heisenberg picture sets of projections onto a subspace containing $|\Psi\rangle$ and other orthogonal ones are examples of the second.

¹⁷ In the general case of medium decoherence, we can construct projection operators onto orthogonal spaces each of which includes one of the states $C_\alpha|\Psi\rangle$ [10], but again these operators are not what we are really after in the way of generalized records *if they deal mainly with what is followed*.

APPENDIX B: NO NON-TRIVIAL CERTAINTY ARISING FROM THE DYNAMICS PLUS THE INITIAL CONDITION

The Schrödinger equation is deterministic and the evolution of the state vector is certain. In this appendix we show that this kind of determinism is the only source of histories that are certain (probability equal 1), coarse-grained or not, for a closed quantum-mechanical system.

Suppose we have a set of exactly decoherent histories of the form (2.4), one member of which has probability 1, *i.e.* the history is certain. Denote the class operator for this particular history by C_1 and index its particular alternatives at each time so they are $\alpha_1 = \alpha_2 = \dots \alpha_n = 1$. Thus we have

$$p(1) = \|C_1|\Psi\rangle\|^2 = 1, \quad p(\alpha) = \|C_\alpha|\Psi\rangle\|^2 = 0, \quad \alpha \neq 1. \quad (\text{B.1})$$

The second of these implies $C_\alpha|\Psi\rangle = 0$ for $\alpha \neq 1$. Given that $\sum_\alpha C_\alpha = I$, the first implies that $C_1|\Psi\rangle = |\Psi\rangle$. In summary we can write

$$C_\alpha|\Psi\rangle = P_{\alpha_n}^1(t_n) \cdots P_{\alpha_1}^1(t_1)|\Psi\rangle = \delta_{\alpha_n,1} \delta_{\alpha_{n-1},1} \cdots \delta_{\alpha_1,1} |\Psi\rangle. \quad (\text{B.2})$$

Summing both sides over this over all α 's except those at time t_k , we get

$$P_{\alpha_k}^k(t_k)|\Psi\rangle = \delta_{\alpha_k,1} |\Psi\rangle. \quad (\text{B.3})$$

This means that all projections in a set of histories of

which one is certain are either onto subspaces which contain $|\Psi\rangle$ or onto subspaces orthogonal to $|\Psi\rangle$. Effectively they correspond to questions that ask, "Is the state still $|\Psi\rangle$ or not?". That is how the certainty of unitary evolution is represented in the Heisenberg picture, where $|\Psi\rangle$ is independent of time.

Note that this argument doesn't exclude histories which are essentially certain over big stretches of time as in histories describing alternative values of a conserved quantity at many times. Then there would be, in general, initial probabilities for the value of the conserved quantity which then do not change through subsequent history.

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